

## A little over 5 miles

First Run the Park Route loop for 1.5 miles
Right out of Roswell Park onto Woodstock
Right on to Wavetree...follow to Crossville
Turn around at Crossville
Head back to the park
(To get 6.5, run the park loop one more time for 1.5 miles)


A little over 5 miles<br>First Run the Park Route loop for 1.5 miles<br>Right out of Roswell Park onto Woodstock<br>Right on to Wavetree...follow to Crossville<br>Turn around at Crossville<br>Head back to the park<br>(To get 6.5, run the park loop one more time for 1.5 miles)



## 7.5/9 Miles

First Run the Park loop for 1.5 miles
Right out of Roswell Park on to Woodstock
Right on to Wavetree...follow to Crossville
Left on Crossville
Left on Woodstock
Right into Devereux Chase...follow loop around
Left on Devereux Downs. . .back to Devereux Chase
Right on to Devereux Chase
Quick right on to Woodstock and back to park
(To get 9, run the Park loop one more time for 1.5 miles)


## 7.5/9 Miles

## First Run the Park loop for 1.5 miles

Right out of Roswell Park on to Woodstock
Right on to Wavetree...follow to Crossville
Left on Crossville
Left on Woodstock
Right into Devereux Chase...follow loop around
Left on Devereux Downs. ..back to Devereux Chase
Right on to Devereux Chase
Quick right on to Woodstock and back to park
(To get 9, run the Park loop one more time for 1.5 miles)


## 11/12.5 Miles

First Run the Park Route loop for 1.5 miles
Right out of Roswell Park on to Woodstock
Right on to Wave tree...follow to Crossville
Left on Crossville
Left on Woodstock
Right into Devereux Chase...follow loop around
Left on Devereux Downs. ..back to Devereux Chase
Right on to Devereux Chase
Quick right on to Woodstock and back to park (water stop at start)
Keep going past the park up to Canton street
Go right on to Canton and follow to Magnolia
Right on Magnolia...quick to Mimosa
Left on Mimosa til dead ends...turn around head to park
(To get $\mathbf{1 2 . 5}$ miles, run the Park loop for 1.5 miles)


## 11/12.5 Miles

First Run the Park Route loop for 1.5 miles
Right out of Roswell Park on to Woodstock
Right on to Wave tree...follow to Crossville
Left on Crossville
Left on Woodstock
Right into Devereux Chase...follow loop around
Left on Devereux Downs...back to Devereux Chase
Right on to Devereux Chase
Quick right on to Woodstock and back to park (water stop at start)
Keep going past the park up to Canton street
Go right on to Canton and follow to Magnolia
Right on Magnolia...quick to Mimosa
Left on Mimosa til dead ends...turn around head to park
(To get $\mathbf{1 2 . 5}$ miles, run the Park loop for $\mathbf{1 . 5}$ miles)

